

# Martyna Ozaist

## PhD Candidate Positive Health at Work (ROA)

Berkenplein 234 1112 CM Diemen

[martynaorzaist@gmail.com](mailto:martynaorzaist@gmail.com)

0611457138

### Research Interest

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Future of work, the meaning of work in life, employee health and vitality, labour market discrimination and inequalities, diversity and inclusion, shifts in work-related ideologies.

### Education

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**2020-2022 Master of Sociology (including pre-Master)**

The University of Amsterdam, the Netherlands

Master thesis: The puzzle of 'internationalisation' - the obstacles of highly skilled migrants in the Dutch labour market to achieve job satisfaction (mixed methods combining interviews with professionals and self-gathered survey data).

**2014-2015 Master of Business and Economics**

The University of Gävle, Sweden

Master thesis: Structures, functions and the role of transferable trust in entrepreneurial networks across Poland, Sweden and the Netherlands (qualitative interviews)

**2009-2013 Bachelor of International Business and Management Studies (including semester exchange in Italy)**

The Avans University of Applied Science, Breda, the Netherlands

### Research experience

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**IX 2023- PhD Candidate in Positive Health at Work**

Research Centre for Education and the Labour Market (ROA), Maastricht

**I-VI 2023 Junior Researcher in Sociology**

The University of Tilburg, the Netherlands

- designing and conducting a labour market experiment,
- an analysis of quantitative data in SPSS,
- co-operating with interdisciplinary teams in Greece, Spain and Belgium,

## Work experience

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### 2021- 2022 HR Assistant

JINC, Amsterdam, the Netherlands

- provided support for all HR admin-related issues across the organisation,
- organised well-being and vitality initiatives and training agenda.

### 2018-2021 Project Coordinator

Beerwulf (Heineken company), Amsterdam, the Netherlands

- worked as a link between the technology and business teams,
- organised and led requirements sessions with various internal and external stakeholders and coordinated several international projects.

### 202016-2018 Data Analyst

ABN AMRO Bank, Amsterdam, the Netherlands

- worked on a large data project calculating the impact of the new financial regulations on the loan portfolio,
- combined data from different sources to prepare quarterly financial reports and presented them to the relevant stakeholders.

## Language skills

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Polish- native

English- full working proficiency

Dutch- limited working proficiency (state exam at the level B2 in writing, speaking, reading, and listening)

## Technical skills

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SPSS, Stata, R

SQL database query language

Advance Excel skills

## Professional memberships

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European Network for International Student Mobility