

**Interview**  
**for Traumatic Events in Childhood**  
**(ITEC)**

**Instructions:** (to be read to the participant)

“People can get affected by stressful and unsettling events. We will ask you whether you experienced such events. The questions will cover your experiences in the time period of your childhood and teenage years. Although some of the questions will be personal, we would like to ask you to answer them as truthfully as possible. Your answers will be handled with utmost confidentiality.”

**How to fill out this form:** (only for the administrator)

This interview consists of four parts: 1) *sexual abuse*, 2) *physical abuse*, 3) *emotional abuse*, and 4) *neglect*. In each part a number of actions are described, which the participant might have been confronted with. The last question of every part is concerned with whether the participant witnessed one of the listed actions.

If the participant was directly involved in an action, all non-shaded fields must be filled out using the code indicated on page 3. If the participant witnessed one of the listed action, the complete row must be filled out. The items marked with an asterisk (\*) describe actions which the participant could have witnessed.

In case a person is mentioned which is not included in the code list, the relationship the participant had with this person must be assessed. For instance, a classmate who maintains a good relationship with the participant will be classified as a friend, whereas a classmate who the participant does not have a good relationship with is coded as an acquaintance.

In case more than one perpetrator is named (for instance with emotional abuse, item 7), list all persons concerned but only code in the following way: In case one of the perpetrators is Mother, Father, Brother, Sister, step/foster mother, step foster father grandmother or grandfather, note down the score of the worst perpetrator. In case the perpetrators are one of the other categories, score 25; multiple persons. For more details, see manual ITEC FAQ.

**Example:**

Event 13	Action (1-12)	By whom? (coded)	To whom? if 13 = yes (coded)	How old were you? (starting age, coded)	Once or more often?	If more often, for how long? (total period, coded)	Degree of distress at that time? (0-4)	Has the negative impact changed later? (0-2)
	2	6	-	1	1	2	2	0
X	2	6	4	2	0	-	3	2
X	3	6	4	3	0	-	3	2

**Explanation of example:**

1. *Action 2* was committed by the *step- / foster father*. The participant was between *0 and 6 years* old when it began. It happened *more than once* for a period of *1 to 3 years*. The degree of distress at that time was *considerable* and *has not changed* later on.
2. The participant *witnessed* the second action, committed by the *step-/ foster father to the sister*. At that time the participant was between *6 and 12 years* old, and it happened *once*. The degree of distress was *severe* and has later changed to “*more distressful*”.
3. See 2., except for this time, the participant witnessed – and *was not the victim of* – a different action (*action 3*).

## Code list

### Codes describing persons

1	Mother	8	Uncle	15	Brother-in-law	21	Partner
2	Father	9	Grand-mother	16	Sister-in-law	22	23
3	Brother(s)	10	Grandfather	17	Acquaintance of parents	23	Acquaintance
4	Sister(s)	11	Cousin (female)	18	Social worker	24	Stranger
5	Step-/ foster mother	12	Cousin (male)	19	Teacher	25	Several persons
6	Step-/ foster father	13	Neighbour (male)	20	Confidant (e.g. babysitter, priest, pastor)		
7	Aunt	14	Neighbour (female)				

#### How old were you?

1. 0-6 years
2. 6-12 years
3. 12-18 years

#### Did the event happen once or more often?

0. Once
1. More often

#### Duration of the total time period in which the stressful and unsettling event happened more often.

What was the total duration?

1. less than 1 year
2. 1-3 years
3. 4-6 years
4. 7-9 years
5. 10 years or longer

(In case the participant does not exactly know the duration, try to find out an estimate. Otherwise, take the average of the rest of the group.)

#### Degree of distress. *(name all the options!)*

To which degree did you feel distressed at that time?

0. Not at all
1. A little
2. Considerably
3. Severely
4. Very severely

#### Degree of distress later.

Has the degree of distress changed later on?

0. No
1. Yes, less distressful later on
2. Yes, more distressful later on

#### In case of sexual abuse, action 10

0. Objects designed for insertion (e.g. a vibrator)
1. Blunt objects, not designed for insertion
2. Sharp object, not designed for insertion or another type of damaging object













