

### **Short Bio and contact details**

**Academic title:** Prof.  
**Full name:** Luc J.C. van Loon

**Institute:** Department of Human Biology  
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**Number of publications:** >530  
**Timeline publications:** 1999 to present  
**H-index:** 95 (Web of Science)  
**Research areas:** muscle, metabolism, exercise, nutrition, aging

### **Short description of academic profile**

Professor van Loon was appointed Professor of Nutrition and Exercise at Maastricht University in The Netherlands in 2010. Luc has an international research standing in the area of skeletal muscle metabolism, has published well over 530 peer-reviewed articles (more than 32.000 citations) achieving an H-index of 95. He was in the top 1% of cross-field (nutrition and physiology) highly-cited scholars globally for 2023. Current research in his laboratory focuses on the skeletal muscle adaptive response to physical (in)activity, and the impact of nutritional and pharmacological interventions to modulate metabolism in both health and disease. The latter are investigated on a whole-body, tissue, and cellular level, with skeletal muscle as the main tissue of interest. He is active in various media to translate research findings to the general public, highlighting the impact of nutrition and physical activity to support performance and health.

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