

Introduction to Epidemiology

Fac. Health, Medicine and Life Sciences

EPI4920

Period 1:

1 Sep 2025

5 Sep 2025

Credits:

1.0

Coordinator:

M.J.L. Bours

Teaching methods:

PBL, Lecture(s), Work in subgroups

Assessment methods:

Attendance

Full course description

'Introduction to Epidemiology' (EPI4920) is the first course of the Master of Epidemiology. This brief introductory course takes place within a 5-day period at the start of the academic year, in which students will be acquainted with basic principles of epidemiological research. The course forms a common starting point for the Master of Epidemiology. Several topics that will come back in later courses during the Master programme are introduced at a basic level. As such, the course intends to create a baseline that is needed for going more in-depth into topics during subsequent courses of the Master programme.

The **main aims** of the course are 1) to enable students to appreciate the basic concepts of epidemiology, and 2) to practice carefully thinking about and critically assessing the design, conduct, and analysis of epidemiological studies. Use will be made of lectures, small-group meetings with practical assignments (e.g., questions or calculations related to topics of preceding lectures), and training sessions.

Topics that will be introduced as part of this course include the following:

- Definition, scope, and domains of epidemiology
- Measures of disease frequency and association
- Observational and experimental study designs
- Validity and bias in epidemiological research
- Measurements in epidemiological research
- Principles of diagnostic and prognostic research
- Basics of systematic reviews and meta-analysis

- Introduction to SPSS as statistical software package

Course objectives

Knowledge and understanding

After having actively participated in this course, the student:

- Is able to distinguish and interpret various measures expressing the frequency of occurrence of health outcomes, such as a disease (i.e., cumulative incidence, incidence density, point prevalence, period prevalence, and lifetime prevalence).
- Is able to distinguish and interpret various measures that quantify the nature and strength of associations between determinants and health outcomes (i.e., risk difference, risk ratio, rate ratio, and attributable proportion).
- Is able to distinguish and recognize various study designs commonly used in the field of epidemiology (i.e., ecological studies, cross-sectional studies, case-control studies, cohort studies, and randomized controlled trials).
- Has knowledge of and insight into relevant aspects of different study designs and choice of the study population (e.g., inclusion and exclusion criteria, eligibility considerations, sources for selection, and recruitment procedures).
- Is able to identify major advantages and disadvantages of the different epidemiological study designs.
- Knows differences between internal validity and external validity of epidemiological studies.
- Appreciates potential sources of bias (incl. selection bias, information bias, and confounding) that threaten the internal validity of an epidemiological study.
- Appreciates differences between confounding and effect modification or interaction.
- Appreciates various design measures to prevent bias or to adjust for bias in observational research (e.g., restriction, matching, stratified analysis, blinded measurement, and use of independent data sources).
- Has basic knowledge of and insight into the principles of classifying health and disease outcomes.
- Is able to distinguish various types of health measurement scales and relevant aspects of the quality of a health measurement scale (i.e., validity, reliability, and responsiveness).
- Has basic knowledge of and insight into main principles and procedures of diagnostic testing (strategies) and research.
- Has basic knowledge of prognostic research and basic principles of prognostic prediction modelling.
- Is able to distinguish various types of literature review (e.g., narrative review, systematic review, meta-analysis) and to identify advantages and disadvantages of these types of literature review.
- Is able to identify the subsequent steps of a systematic literature review.

Making judgments

After having actively participated in this course, the student:

- Is able to assess and recognize important sources of bias as part of critically appraising the methodological quality of an epidemiological study (e.g., based on a research article).

Recommended reading

[This is the link to Keylinks, our online reference list.](#)

Observational Research

Fac. Health, Medicine and Life Sciences

EPI4921

Period 1:

8 Sep 2025

24 Oct 2025

Credits:

6.0

Coordinator:

S.J.P.M. Eussen

Teaching methods:

PBL, Lecture(s), Paper(s), Assignment(s), Work in subgroups, Training(s)

Assessment methods:

Written exam, Attendance, Assignment, Take home exam

Keywords:

**Cohort study Case-control study Nested case-control study Case-cohort study
Selection bias Confounding Interaction Matching Stratified analysis Causal diagrams**

Full course description

Observational research is aimed at studying the occurrence of phenomena that are “naturally” present in the population or society, and characteristics that are associated with these phenomena. Because experimental (intervention) research is not feasible for many relevant health issues, observational research is often needed to answer these questions. This can concern research on cause and effect aimed at (genetic and environmental) factors influencing the etiology or prognosis of diseases, factors that can explain specific behaviour, or descriptive research. Observational research forms the cornerstone of epidemiological research.

This module elaborates theoretical and practical aspects of observational research. Moreover, quantification of a number of methodological phenomena, such as confounding and effect modification will take place. Students will learn to evaluate various observational designs regarding strengths and weaknesses, depending on the setting where these designs are being applied. By means of lectures, exercises and skills training sessions attention will be paid to the following aspects: Observational research designs and their advantages and disadvantages: case-control studies, cohort studies, nested case-control and case-cohort designs, correlation study, cross-sectional research; Choosing among designs; Exposure measurement in observational research and potential misclassification; Sources of bias in various designs: selection bias, confounding and

information bias. Illustration and quantification of these terms in different designs, and ways to deal with bias; Stratified and matched analyses; Effect modification and statistical analysis procedures; Causal reasoning and causal diagrams; Application of these analysis techniques in different observational research designs; Reporting guidelines for observational research.

Students who register are requested to work on a practical assignment regarding statistical analyses using an existing dataset, in addition to intensive course participation. The course will be concluded with a written test.

Course objectives

- Principles and practice of observational studies
- Designs for etiologic and prognostic epidemiologic research
- Hybrid designs: Nested case-control studies + case-cohort studies
- Selection bias, information bias (misclassification) and confounding
- Matching, stratified analysis, Mantel-Haenszel testing, standardization
- Evaluation of effect modification (interaction)
- Causal inference, causal diagrams, principles of causal reasoning
- Reporting of observational studies in epidemiology: STROBE

Recommended reading

[This is the link to Keylinks, our online reference list.](#)

Intervention Research in Health Care

Fac. Health, Medicine and Life Sciences

EPI4922

Period 1:

8 Sep 2025

24 Oct 2025

Credits:

5.0

Coordinator:

B.A.J. Verhage

Teaching methods:

PBL, Lecture(s), Skills, Paper(s), Assignment(s), Work in subgroups

Assessment methods:

Written exam, Attendance, Assignment

Keywords:

Randomized controlled trials, Pragmatic versus Explanatory trials, experiment, Randomisation, bias

Full course description

There are various aspects to take into consideration when constructing an RCT and many of the issues involved will be discussed in lectures, through practical and discussion groups: design options, issues in good clinical practice such as informed consent, blinding, process evaluation, power calculation and randomization, missing values and data-analyses in general.

As there are many potential errors associated with health services research, this module will focus on various key features of RCT design, with particular emphasis on design, validity and data-analysis.

A well-designed, methodologically sound RCT evaluating an intervention can provide strong evidence of a cause-effect relation if one exists. These studies are often used to change practice and taken up in guidelines, being the ultimate goal of research on therapeutic effectiveness. On the other hand, poorly designed studies are dangerous because of their potential to influence practice based on flawed methodology.

The umbrella term 'intervention study' refers to those study designs in which one or more independent variables are manipulated by the investigator, whereas the other independent variables are kept constant or controlled at the same time. This 'experimental' approach is regarded the most powerful study design for discovering causal relationships and can be the sturdiest ways of doing research, however, has many ethical and design issues to be taken into account. This module will

focus on experimental research in human beings outside the laboratory. 'Clinical trial' is a common name to indicate this type of experiments especially as it is often used to assess the efficacy and effectiveness of a new treatment for patients.

Course objectives

Knowledge and understanding

Ability to distinguish between various classes of intervention studies (e.g. pre-experimental, quasi-experimental and true experimental designs; parallel group designs, cross-over designs, N-of-1 design, non-inferiority trials etc.).

1. Knowledge of and insight into the rationale of and prerequisites for experimental intervention research.
2. Knowledge of the historical development of intervention trials.
3. Ability to identify the core elements of the 'classic' intervention study design (RCT = parallel, placebo-controlled, double-blind, randomized trial): choice of study subjects (in- and exclusion criteria, study size), choice of outcome measures and follow-up time (PICOT). Ability to choose intervention strategies and contrasts, informed consent procedure, randomization, prestratification, blinding, dealing with protocol deviations (drop-outs, non-compliance, missing values), registration of (serious) adverse events.
4. Ability to distinguish between various alternative intervention study designs (e.g., cross-over design, factorial design, Latin square design, prerandomization design (Zelen design), sequential analysis approaches, N of 1 trial designs, group-randomized trial design).
5. Ability to distinguish between alternative methods of random allocation of trial participants: adaptive vs. fixed allocation randomization procedures (e.g., simple randomization, stratified randomization, block randomization, response randomization, replacement randomization, biased coin method, minimization, balancing, unequal randomization).
6. Knowledge of and insight into relevant aspects of the design/choice of the study population (e.g., inclusion and exclusion criteria, eligibility considerations, source for selection, recruitment procedures, patient registration).
7. Knowledge of and insight into relevant aspects of the design/choice of the intervention (e.g., treatment schedule (route of administration, dosage, duration), intervention contrast (placebo, usual care), dealing with co-interventions).
8. Knowledge of and insight into relevant aspects of the design/choice of outcome measurement (e.g., primary vs. secondary outcome measures, timing of measurements, quality aspects (validity, reliability, sensitivity-to-change / responsiveness), intended vs. unintended effects).
9. Ability to identify pros and cons of a run-in period (qualification period).
10. Knowledge of and insight into the role of placebo intervention within the context of a randomized trial.
11. Knowledge and insight into the characteristics and differences between pragmatic and explanatory designs regarding designing, performing and interpreting the results of such trials
12. Knowledge and understanding of the so-called mixed methods designs. Designs where a combination of quantitative and qualitative research methods are used

13. Knowledge, understanding and skills regarding procedures that deal with protocol violations.
14. Knowledge of and insight into strategies and procedures of statistical analysis of intervention trial results (e.g., intention-to-treat vs. per-protocol (valid cases) analysis, appropriate statistical techniques).
15. Knowledge, understanding and skills regarding procedures for sample size and power calculation in intervention trials and more in general.
16. Ability to interpret the results of an intervention trial and to draw balanced conclusions with respect to the effectiveness of an intervention.
17. Knowledge of and insight into the requirements for intervention trial protocols and reports.
18. Knowledge of and insight into planning, organizational, administrative and other practical aspects of intervention trials (e.g., documentation, design of forms, standard operating procedures (SOPs), data management, audits, multicentre trials).
19. Knowledge of and insight into the ethical and legislative aspects of intervention trials (e.g., METC-procedures, WMO, GCP, international harmonization, requirements).

Recommended reading

[This is the link to Keylinks, our online reference list.](#)

Advanced Statistical Analysis Techniques

Fac. Health, Medicine and Life Sciences

EPI4923

Period 2:

27 Oct 2025

19 Dec 2025

Credits:

6.0

Coordinator:

F. Innocenti

Teaching methods:

PBL, Lecture(s), Assignment(s), Training(s)

Assessment methods:

Written exam

Keywords:

Analysis of (co)variance, Linear regression, Logistic regression, Survival analysis, Analysis of repeated measures, Linear multilevel models

Full course description

The primary objective of this course is to equip students with the skills needed to apply statistical techniques effectively in their professional work and beyond. Students will learn to use widely applied statistical methods responsibly and develop the ability to critically evaluate statistical aspects of research conducted by others.

This course focuses on the practical application of advanced statistical techniques, emphasizing conceptual understanding and result interpretation, with mathematics being kept to a minimum. The course material is primarily based on SPSS. The use of R will only be briefly approached.

Topics covered:

1. Analysis of variance and covariance
2. Linear regression
3. Logistic regression
4. Survival analysis
5. Analysis of repeated measures (i.e., linear multilevel models)

Each topic is covered through two lectures and two tutorials. The first lecture provides an overview of the theoretical foundations of the method, explaining its underlying assumptions and investigating the consequences of assumption violations. The second lecture takes a more applied approach, analyzing a real dataset to explore methodological choices and discuss how results can be interpreted

and effectively summarized. The first tutorial explores theoretical concepts, while the second focuses on the interpretation of the results.

Course objectives

After completing this unit, the participants should have acquired the knowledge and skills required for the independent use and critical assessment of various (multivariable) statistical analysis concepts, procedures and techniques which are prominent in epidemiological research:

1. Analysis of variance and covariance
2. Linear regression
3. Logistic regression
4. Survival analysis
5. Analysis of repeated measures (i.e., linear multilevel models)

For each of these statistical techniques, the participant should be able to deal with confounding, interaction and outliers, be aware of the assumptions underlying the use of the technique, know some advantages and disadvantages of the technique, interpret results and use dummy coding. The participant should also be able to choose an appropriate statistical analysis strategy, given a specific epidemiological research question and study design.

Recommended reading

[This is the link to Keylinks, our online reference list.](#)

Clinimetrics

Fac. Health, Medicine and Life Sciences

EPI4924

Period 2:

27 Oct 2025

19 Dec 2025

Credits:

5.0

Coordinator:

K. OffermansM.J.L. Bours

Teaching methods:

PBL, Lecture(s), Skills, Assignment(s), Work in subgroups, Presentation(s), Training(s)

Assessment methods:

Written exam, Presentation, Attendance, Assignment

Keywords:

validity, reliability, validity to change, responsiveness, Diagnostics, prognosis, evaluation, biomarkers, quality of life

Full course description

The course 'Clinimetrics' (EPI4924) is scheduled during period two of the Master of Epidemiology. This 8-week course runs parallel with the courses 'Writing a research question and outline proposal' (EPI4930) and 'Advanced Statistical Analysis Techniques' (EPI4923).

Clinimetrics can be broadly defined as the science of (clinical) measurements. The field of clinimetrics is devoted to the development and assessment of measures of health-related phenomena in clinical practice and health research. As a methodological discipline focused on the concepts, quality and interpretation of measurements, it encompasses the various aspects and theories of health and exposure measurement. It is therefore of great importance within epidemiological research, which most often is focused on health or a health-related phenomenon as the main outcome (dependent) variable and a certain health determinant as the exposure (independent) variable of interest.

Topics include:

- concepts of health and functioning and various dimensions of these concepts;
- types of measures and methods for health and exposure measurement;
- steps in the development, testing, and evaluation of measures;
- principles of measurement theory underpinning health and exposure measurement;
- quality indicators of measures, including reliability, validity, and responsiveness;
- aspects related to the interpretability of health and exposure measurements;

- main principles of diagnostic testing and diagnostic research;
- biomarkers within the context of health and exposure measurement roles of.

This course is based on the principles of problem-based learning (PBL). Various topics are introduced in lectures and further discussed in tutorial group meetings. A number of practicals are also scheduled throughout the course to practice with the theoretical concepts through assignments and presentations. The mixture of lectures, tasks, practicals, assignments, and presentations creates an optimal learning environment for mastering the topics of this course.

Course objectives

Knowledge and understanding

Students know and understand:

- principles of classifying health and disease, and the use of health classification systems;
- various types of measures and measurement methods;
- theory of health and exposure measurement (clinimetrics);
- relevant aspects of the quality of measures and measurement methods (validity, reliability, responsiveness);
- steps required for the development and evaluation of a measure or measurement scale;
- steps and skills required for the critical evaluation of measures and methods for health and exposure measurement;
- main principles of diagnostic research and indicators and evaluation of the quality of diagnostic tests and strategies;
- roles of biological markers (biomarkers) within the context of health and exposure measurement and monitoring.

Applying knowledge and understanding

Students are able to:

- perform a critical assessment of the design and results of already published clinimetric or diagnostic studies;
- apply the main principles and techniques of health measurement scale development and evaluation, including diagnostic tests, to assess the appropriateness of (existing) scales and test strategies regarding validity, reliability, responsiveness, and interpretability, or to develop a new measurement scale / diagnostic test (strategy).

Making judgments

Students are able to:

- form a balanced judgment on the application of a broad range of health measurement scales, diagnostic test procedures and strategies within the context of both health sciences research and practice.

Communication

Students are able to:

- -communicate with experts and non-experts, both by means of written reports / comments and oral presentations, on the design, methodological issues, results and conclusions of a

broad range of clinimetric studies and diagnostic research.

Recommended reading

[This is the link to Keylinks, our online reference list.](#)

Writing a Research Question and Outline

Fac. Health, Medicine and Life Sciences

EPI4930

Period 2:

27 Oct 2025

19 Dec 2025

Credits:

1.0

Coordinator:

A. Koster

Teaching methods:

Lecture(s), Assignment(s)

Assessment methods:

Final paper

Keywords:

**research protocol formulating a research aim formulating a research question
formulating a hypothesis study methodology academic writing thesis period**

Full course description

The outline written during the current module is the outline for the research protocol that is to be written later on this year (EPI4927 in period 4) and will guide you during your thesis period. Essentially, therefore, you start working on your thesis from the current module onwards. The knowledge gained in the master program so far should enable you to formulate a clear research question, write an introduction on your study topic that logically leads up to the research question, and give an outline for the methodology needed to investigate the research question. The reason for starting with this early on in the program and separating this from the module 'Writing a Research Protocol' (EPI4927 in period 4) is that it takes time to formulate a good research question and to familiarize yourself with the research setting within which your internship will take place. The research protocol will be worked out in full using this outline during the module 'Writing a Research Protocol'.

Course objectives

By the end of this module, you should have attained the following learning goals:

Knowledge and understanding:

knowledge on and insight into how to formulate a research question; and basic knowledge of and insight into the outline of a(n epidemiological) research protocol.

Applying knowledge and understanding:

ability to formulate a research question; and ability to understand the basic principles of writing an outline for a research protocol

Making judgements:

ability to form a balanced judgement on the quality of a research question

Recommended reading

[This is the link to Keylinks, our online reference list.](#)

Molecular & Genetic Epidemiology

Fac. Health, Medicine and Life Sciences

EPI4925

Period 3:

5 Jan 2026

30 Jan 2026

Credits:

3.0

Coordinator:

M.P. Weijenberg

Teaching methods:

PBL, Lecture(s), Training(s), Patient contact

Assessment methods:

Written exam, Participation

Keywords:

molecular-epidemiology; genetic-epidemiology; biomarkers; omics; mendelian randomization; GWAS; big data;

Full course description

Molecular and genetic epidemiology are emerging innovative fields of research in which molecular, genetic and biochemical concepts and techniques are incorporated into epidemiologic studies focusing on complex diseases. This is made possible by recent rapid technological advances in high-throughput laboratory assays that measure biomarkers in biological samples. Biomarker profiles that can be used in molecular epidemiology can range from just a few targeted markers to a whole metabolome, and may include the measurement of (epi)genetic variation, gene expression, proteins, small molecules, and functional assays. Epidemiology has been proven valuable to identify associations between exposure and disease, in particular because it enables us to study long-term effects of 'normal' variation in exposure in populations. However, traditional epidemiology does so without obtaining information of the biological processes that underlie these associations. Molecular and genetic epidemiology have the power to open up this 'black box'. It will not only enhance the measurement of exposure, effect, and susceptibility, it will also give insight in complex biological mechanisms, and generate novel hypotheses about disease mechanisms. This knowledge will lead to the identification of early etiologic, diagnostic, and prognostic markers of disease, it will allow us to better target preventive strategies, and will yield new leads for treatment. In this module, students will be familiarized with the different types of molecular biomarkers that can be used in

epidemiological studies, including those measured with novel high-throughput –omics technologies. They will learn the pros and cons of different study designs used in molecular and genetic epidemiology, including Mendelian randomization. Students will be introduced to the knowledge that can be generated through molecular and genetic epidemiology. This course is an introductory course to a complex, but promising field of research.

Course objectives

Knowledge and understanding

Elementary knowledge of and insight into molecular epidemiology:

- Basic concepts of molecular biology
- Concepts, principles and designs of studies using molecular biomarkers
- Application of –omics in molecular epidemiology

Elementary knowledge of and insight into genetics and genetic epidemiology:

- Basic concepts of genetics
- Concepts, principles and designs of studies to investigate hereditary disorders characterized by low gene frequency and high gene penetrance
- Concepts, principles and designs of population/association studies to investigate hereditary disorders characterized by low gene penetrance
- Gene-environment interactions

Applying knowledge and understanding

- Ability to read and interpret scientific articles on molecular and genetic epidemiology
- Apply the knowledge on sources of variation in molecular and genetic epidemiological studies to optimize the design of such studies

Making judgments

- Ability to judge the applicability of principles and methods of molecular and genetic epidemiology to new research themes and questions

Communication

- On the design, methodological intricacies and outcomes of epidemiological studies involving genetic and molecular biomarkers

Learning skills

- Ability to proceed to an advanced level of studying the principles of molecular and genetic epidemiology, either by means of courses or by autonomous investment

Recommended reading

[This is the link to Keylinks, our online reference list.](#)

Meta-analysis

Fac. Health, Medicine and Life Sciences

EPI4931

Period 3:

5 Jan 2026

30 Jan 2026

Credits:

3.0

Coordinator:

S.M.J. van Kuijk

Teaching methods:

Lecture(s), Skills, Paper(s), Assignment(s), Research, Work in subgroups, Training(s)

Assessment methods:

Final paper, Attendance

Keywords:

Systematic literature review; Meta-analysis; pooling; heterogeneity; random-effects; fixed-effect

Full course description

In many healthcare domains, there is an abundance of literature on the same topics. When multiple studies have been published with a similar research question, e.g., estimating the efficacy of a specific intervention compared to placebo, they are unlikely to report exactly the same effect size. Effect sizes may differ in order of magnitude, in whether they are significantly different from zero, or may even differ in sign. Those differences in results between studies can arise due to differences in source population, study methods, and sampling variance, amongst others. Both for researchers and for professionals who are expected to interpret and apply the results of scientific research, it is vital to be able to summarize and review all relevant literature in one's own domain of interest in a systematic and reproducible way. Nowadays, a systematic literature review is the point of departure of almost every new research initiative, and upon completion the study results will often be incorporated in an updated version of the review. Systematic reviews are at the heart of evidence-based medicine and public health. In this module, students will learn to apply meta analysis techniques in the context of systematic literature reviews.

Course objectives

- Knowledge and understanding of the place of the systematic literature review and meta-analysis in the hierarchy of empirical evidence
- Knowledge and understanding of the steps of a systematic literature review
- Knowledge and understanding of guidelines for review protocol writing of systematic reviews (e.g., PROSPERO)
- Ability to identify and construct the relevant elements of a research question for a systematic literature review (PICO[T])
- Knowledge and understanding of literature search strategies and identification of relevant databases (e.g., the use of MeSH-terms)
- Knowledge and understanding of methodological quality assessment tools for selected studies based on study design (e.g. ROBINS-II)
- Ability to distinguish between and mention the advantages and disadvantages of the various types of literature review
- Ability to tailor the principles of systematic literature review to the requirements of different research questions (e.g., overall effect, subgroup effects)
- Acquaintance of software that can be used to perform a meta-analysis (i.e., R)
- Knowledge and understanding of different sources of between-study heterogeneity within the context of systematic literature review (e.g., clinical, methodological, effect measure, and sampling variance)
- Knowledge and understanding of various methods to quantify between-study heterogeneity
- Knowledge and understanding of meta-analysis techniques for effect measures of continuous outcome variables
- Knowledge and understanding of meta-analysis techniques for effect measures of binary outcome variables
- Knowledge and understanding of different sources of bias (e.g., publication bias, reporting bias and citation bias) within the context of a systematic literature review, and ability to identify evidence of publication bias (e.g., funnel plot)
- Knowledge and understanding of accepted standards and guidelines for the reporting of systematic literature reviews (e.g., PRISMA)

Recommended reading

[This is the link to Keylinks, our online reference list.](#)

Writing a Research Protocol

Fac. Health, Medicine and Life Sciences

EPI4927

Period 4:

2 Feb 2026

2 Apr 2026

Credits:

6.0

Coordinator:

M.P. Weijenberg

Teaching methods:

PBL, Lecture(s), Paper(s), Work in subgroups, Presentation(s), Training(s)

Assessment methods:

Final paper, Presentation

Keywords:

Research question Hypothesis Study design Operationalization Measurement instruments Statistical analysis Power analysis Sample size calculation Research integrity Ethical considerations

Full course description

Students will learn how to write a research proposal for their thesis topic in Epidemiology. The main activity is to write their proposal supported by active discussions of different sections of their protocol by peers and teaching staff. These activities will additionally be supported by lectures. Three lectures will elaborate on each of the sections of the protocol: 1) the background leading up to the main aim of the study, the specific research questions and hypotheses, 2) the study design, and 3) and the statistics and power calculations. There will also be a working lecture on power and sample size calculation during which students will compute the required sample size or the power of the study. In addition, there is a lecture at the beginning of the module on scientific writing in English which will be provided by the language centre. In addition, there will be a lecture on how to make a scientific poster and a question hour. The module runs in parallel to the module on “Systematic Literature Review and Meta-analysis”, during which students start learning how to critically and systematically assess literature. Throughout the module attention will be given to research ethics and research integrity. Last but not least, students will learn how to write a research proposal for their thesis topic in Epidemiology, as a preparation for their thesis period which follows directly after this module. The main activity is to write their proposal supported by active discussions

of different sections of their protocol by peers and teaching staff. These activities will additionally be supported by lectures. Three lectures will elaborate on each of the sections of the protocol: 1) the background leading up to the main aim of the study, the specific research questions and hypotheses, 2) the study design and population, and measurement instruments, and 3) and the statistics and power calculations, and a data analysis plan. There will also be two trainings on power and sample size calculation during which students will practise with these calculations and compute the required sample size or the power of the study. In addition, there is a lecture at the beginning of the module on scientific writing in English which will be provided by the language centre. In addition, there will be a lecture on how to make a scientific poster and a question hour. The module runs in parallel to the module on “Systematic Literature Review and Meta-analysis”, during which students start learning how to critically and systematically assess literature. Throughout the module attention will be given to research ethics and research integrity (supported by a lecture). Last but not least, students will learn how to make a time-line, which they will use on a weekly basis during their entire internship period. At the end of the module each student will present and defend his/her research protocol through a poster presentation during a plenary session in front of a ‘review committee’ consisting of peer students and staff members from the Department of Epidemiology.

Course objectives

Knowledge and understanding

- Knowledge of and insight into the basic outline of an epidemiological research protocol
- Knowledge of and insight into the requirements regarding the various components of a scientific research protocol (e.g., title of the research project, abstract, background, aim of the study, research question(s), hypotheses, study design, choice of study population including in- and exclusion criteria, describing measurement instruments for main outcome variables, determinants / interventions, confounders and effect modifiers, sources of bias, proposed statistical analyses, power calculations, ethical considerations, timeline, bibliographic references, and a statistical analysis plan)
- Knowledge of the guidelines for writing a research protocol

Applying knowledge and understanding

- Ability to write an epidemiological research proposal independently in scientific English
- Ability to review and assess the quality of research protocols written by peers

Making judgments

- Ability to form a balanced judgment on the quality and relevance of research proposals in the field of epidemiology ("responsible epidemiological research practice"), also in a comparative sense.

Communication

- Ability to communicate with experts and non-experts, both by means of written report / comment and oral presentation on the contents, the strengths and the weaknesses of (epidemiological) research proposals, conceived by him- or herself or by other investigators.

Learning skills

- Ability to proceed to a higher level of scientific writing, for instance writing a proposal for a larger and more complex research project, or writing skills which can be applied during the writing of the thesis in the form of a scientific article.
- Skills to present and defend the final version of a study protocol in front of a scientific committee.

Recommended reading

[This is the link to Keylinks, our online reference list.](#)

Topics in Epidemiology

Fac. Health, Medicine and Life Sciences

EPI4934

Period 4:

2 Feb 2026

2 Apr 2026

Credits:

6.0

Coordinator:

C.C.J.M. Simons

Teaching methods:

Lecture(s), Skills, Assignment(s), Work in subgroups, Presentation(s), Training(s)

Assessment methods:

Final paper, Presentation, Attendance, Assignment

Keywords:

infectious diseases, data science, prediction analysis, health economics/HTA, qualitative research, professional development

Full course description

In this eight-week course, students can choose two topics (out of four) to study in more depth. The topics are specializations within the field of epidemiology or related to epidemiology. In a topic, an expert in the field will introduce students to the topic using lectures, practicals, journal clubs, et cetera. A topic will be offered on three consecutive Fridays. The topics are Epidemiology of Infectious Diseases, Clinical Data Science, HTA/Health Economic Evaluation and Clinical Prediction Models. In 2022/2023 it will be possible to replace one of the topics offered by Maastricht University by the 3-ECTS course 'Introduction to Qualitative Research' offered by Antwerp University (formally course EPI4933).

Furthermore, attention will be given to the professional development of the master students. This will include discussions with senior epidemiologists (willing to reflect on their career), alumni and of contributions by UM Career Services.

Course objectives

Besides these general objectives of the course, the individual topics have more detailed objectives

Knowledge and understanding

Understand the relation between epidemiology and the topics of the selected topics;

Knowledge of and insight into the concepts, principles and practical steps of the topics of the selected topics for research projects;

Applying knowledge and understanding

- ability to apply the knowledge and understanding of the selected topics to scientific research;
- ability to perform simple analyses and interpret the results of research in the domain of the selected topics;
- ability to explain the importance of self-awareness in making study and career choices;

Making judgments

- is able to critically judge the methodological quality of research in the selected topics;
- is able to explain the importance of self-awareness in making study and career choices;

Communication

- ability to communicate with experts and non-experts on the selected topics;
- talk to others about their own professional interests, qualities and needs;

Learning skills

- identify and discuss useful online and offline networking practices for exploring and identifying career opportunities;
- find and use vacancy websites effectively

Recommended reading

The literature is topic-specific

Placement and Thesis

Fac. Health, Medicine and Life Sciences

EPI4929

Year:

1 Sep 2025

31 Aug 2026

Credits:

18.0

Coordinator:

A. Koster

Teaching methods:

Paper(s), Research, Presentation(s)

Assessment methods:

Final paper

Keywords:

Research question Study design Statistical analysis Results Discussion Bias Research integrity Ethical considerations Time plan Professional behavior

Full course description

The placement period is the ultimate chance for a student to apply the knowledge he/she has gained in the previous year with regards to study methodology and epidemiology, to develop their competencies as a researcher, and to be able to make a start on their scientific CV. The thesis duration is 12 weeks, and 18 weeks when also including the credits for the preparation of the thesis through writing an outline and research question (EPI4930) and finally a full research proposal (EPI4927).

Course objectives

Knowledge and understanding

- In-depth knowledge and understanding of the subject matter of the master research & thesis
- Skills that are acquired in the subsequent phases of the research project: defining a research question; developing study design; collection and balancing of relevant information; data collection, analysis and interpretation, drawing conclusions; for instance, data collection skills, measurement skills, organizational skills, communication skills, statistical skills, analytical skills, etc.
- Skills that are required to prepare the master thesis, based on the research project (e.g., writing skills).

Communication

- Ability to communicate with experts and non-experts, both by means of written report (journal article) and oral presentation on the background and aim, theoretical framework, research question, design, methodological issues (choice of study population, choice of determinants / interventions and outcome measures, choice of measurement tools, choice of statistical analysis techniques), results, remaining uncertainties and conclusions of his/her own master research.

Learning skills

- Development of learning capacities that are required to be able to operate more independently in a more complex research environment in the near future.

Recommended reading

Literature included in previous modules, including literature on writing as part of the modules EPI4930 “Writing a Research Question and Outline” and EPI4927 “Writing a Research Protocol”. Further, additional literature will need to be used depending on the thesis topic.

