

# VACANCY

UM SPORTS



## RUNNING TRAINER UROS

### General Information UM SPORTS

UM SPORTS is a department of the Student Services Centre (SSC) of our Maastricht University and organizes the sports program for Maastricht University's students, staff and alumni, and for students of Zuyd University of Applied Sciences. With its wide selection of sports ( $\pm$  60 activities), 32 Student Sports Associations (SSA), fun events and student-friendly prices, UM SPORTS offers a healthy and fun sports experience with something for everyone. UM's international character is also strongly present at UM SPORTS, in both its members and employees. Most activities are offered in English, so everyone can join in.

UM SPORTS, with all its trainers and instructors, service desk staff and management team, has more than 130 employees. Many of our staff members are, or once were, students at Maastricht University. They all share a passion for sports and exercise.

Maastricht University is an international organization that promotes an inclusive working climate where diverse student and staff populations feel at home. We believe that our focus on diversity and creating an inclusive working environment, where students and staff feel valued members of the Maastricht University community, adds value. Diversity is given top priority in Maastricht University's strategic goals, and we invite you to apply.

### Job description

Uros is one of the SSAs and has a technical and a running group. For the running group, we are looking for an enthusiastic trainer for the trainings on Thursday and Tuesday evening, training times are from 19 – 20.30 hr. The trainer needs experience in running and running training, to be able to coach the athletes and help where necessary. Experience with student sports is essential for this job, diploma's or licenses are preferred. The training starts with a warming up for everyone, then the whole group splits up into a technical and running group and trains separately on their disciplines. On Tuesday we train long distance run outside the track and on Thursday we focus on interval training on track. For more information about Uros, see [www.uros.nl](http://www.uros.nl).

### Practical information:

Start date:	1 September 2025
Training hours:	Tuesday and Thursday, 19.00 – 20.30 + preparation time
Component:	4 hours per week
Salary:	Commission at UM in accordance with VSNU (UFO-profile sports instructor)
Location:	Sports Park Jekerdal

### Job requirements

- Experience as a trainer/coach in running
- Preferred is specific trainer certification
- Enthusiastic, proactive work attitude and motivated
- Language of instruction: English
- Time flexibility: vacant hours are during the Uros training in the evenings

### What We Offer

- Good employment terms and a temporary contract (can be extended when performance is satisfactory)
- The position is classified under scale 7 (Sports Instructor 4) or scale 8 (Sports Instructor 3) based on the UFO profile for sports teachers (as per the Collective Labor Agreement for Dutch Universities)
- A free sports membership at UM SPORTS
- An active role with plenty of freedom in a friendly and unique work environment.

### Further Information

For more information about this vacancy, please contact UM SPORTS: [hrm-umsport@maastrichtuniversity.nl](mailto:hrm-umsport@maastrichtuniversity.nl). Do you want to become the new running trainer? Send your motivation and CV including copies of your relevant diploma(s) to [hrm-umsport@maastrichtuniversity.nl](mailto:hrm-umsport@maastrichtuniversity.nl). Applications will be processed in July. The application procedure includes an interview and giving a trial training (when possible).