





**Developmental Psychology** 

Name: Dr. Lisa Jonkman

Date: 07-03-2020





## Developmental Psychology Introduction

Is the branch of psychology studying systematic psychological, cognitive, and neurobiological (brain) changes that occur throughout a person's life

Looks at life-span development across infancy, childhood, adolescence, and adulthood







## Developmental Psychology Master focus

The **focus** of the Master in Developmental Psychology at **Maastricht University** is on:

Understanding how the development of certain **behaviors and cognitive** functions relates to a person's **psychological and biological** constitution and the development of **the brain**.





## Developmental Psychology Study Topics

### 1. Development of cognitive skills such as:

- Language acquisition
- Perception
- Attention
- Memory
- Motor skills
- Problem solving
- Executive control





## Developmental Psychology Study Topics

## 2. Development of other psychological processes such as:

- Social-emotional development
- The forming of self-concept
- The forming of identity





## Developmental Psychology Study Topics

- You will learn which **biological** (genes, brain, psychopharmacological) and **environmental** factors are underlying typical development
  - You will also study psychopathological development in for example:













williams syndrome





## Developmental Psychology Research Methods











# Developmental Psychology programme



### 4 core course, 2 research practicals

Sept-Oct: 7 weeks	Nov-Dec: 7 weeks
Infancy	Development of Cognition & Language
Perception, Attention & Motor Development	Social & Emotional Development
Experimental Practicum or EEG/ERP Practical	Practicum Psychological Testing



# Developmental Psychology programme



**Research Internship & Master-thesis** 

- February August
- This can be done:
  - In research group at FPN (see later slide)
  - Elsewhere at FPN
  - Outside UM in clinical setting
  - Outside UM at other university



## **Developmental Psychology**



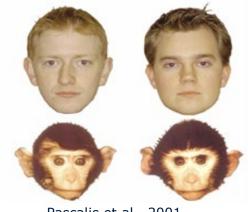
Some examples of the type of topics you will learn about in the courses







Is face perception species-specific from birth on or is it learned?



Pascalis et al., 2001

Learning plays a role: 6-month old babiescan discriminate different human andmonkey faces. However, 9-month oldscan't. They only discriminate human faces!



9-month old babies can **regain** the ability to discriminate monkey faces when **trained** to do so. This points to the big **role of experience** on visual perception development.



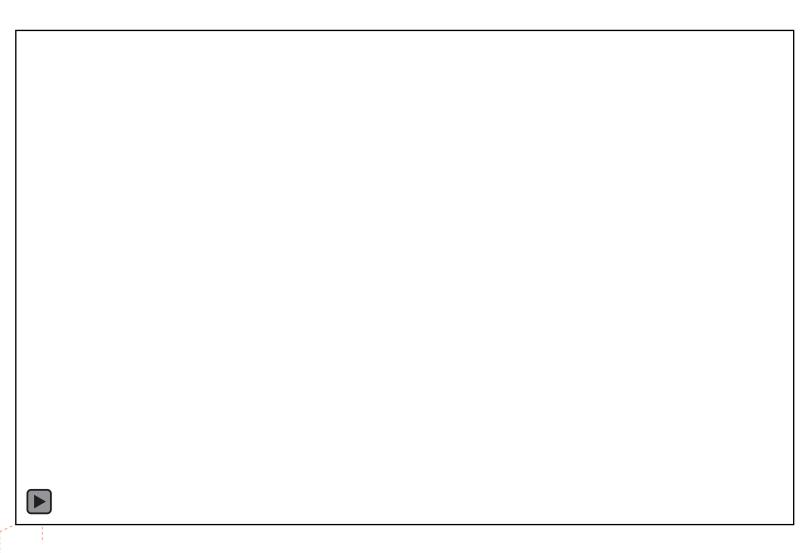
# Developmental Psychology the extra mile "Perception attention & motor development"

Infants around 2 years of age sometimes make scale errors



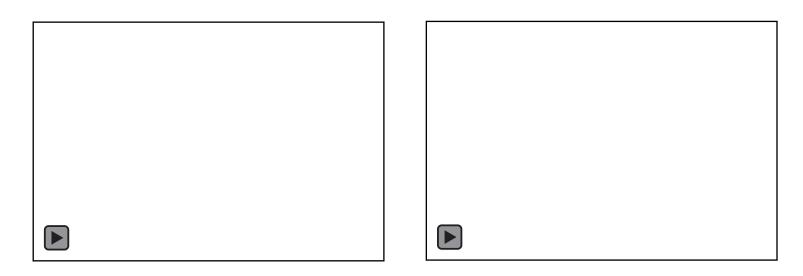




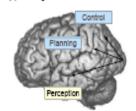


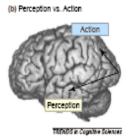


# Developmental Psychology the extra mile "Perception attention & motor development"



This is related to yet immature communication between brain areas that regulate perception and action (A) Flamming vs. Control







# Developmental Psychology "Development of Cognition & Language"



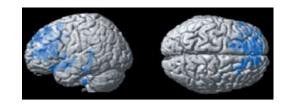
Number sense is crucial for mathematics development

What do we know about the development of number sense?

- Intuitive sense of number, (small quantities) present in infancy
- Understanding of symbolic numbers starts at preschool age
- School age children activate more frontal areas when doing calculations -> more effort, less automated









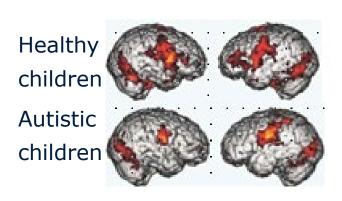
# Developmental Psychology "Social-emotional development"



Imitation is highly important for learning of motor actions, but also for emotional development:

- Biological basis of imitation of actions and emotions: mirror neurons
- Autistic children have problems with imitation and understanding others
- Role of mirror neuron system?





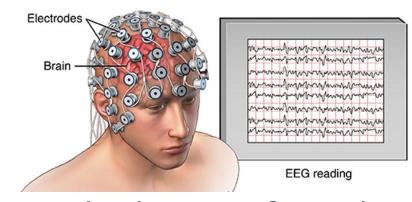




### **EEG-ERP** practical



#### Electroencephalogram (EEG)



- Learn the basics of EEG/ERP analyses
- Learn what you can do with EEG/ERPs

- Learn how to apply cap and electrodes and perform your own EEG measurements
- Learn when to apply EEG





### **Test practical**

- Testing a child (e.g. IQ test)
- Interpreting results (e.g. Bayley)
- Developing your own test













## Developmental Psychology: Internship topics mile

### Some examples of topics within our own developmental group:

- ADHD, attention & executive control development and mindfulness/cognitive training (L. Jonkman)
- Autism, attention & perception development (H. Stauder)
- Learning and Memory development (F. Donkers)
- Number development & dyscalculia (L. Jonkman)
- Genetics and Development (H. Smit)
- Motor development (H. Van Mier)
- But of course also possible to select your own topics; internships in one's own country, with other colleagues, at other universities, lots of possibilities!





### **Evaluations**

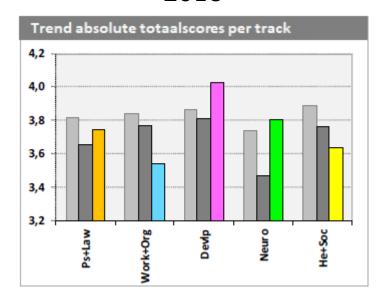
### Student course evaluations:

#### 2018

(N = 37)

Infancy: 8.6
Perception: 8.1
Cognition: 8.4
Social-emot: 8.0
Practical 1: 7.4
Practical 2: 7.1

## National student evaluation C.H.O.I. 2018







## Information for Dutch speaking students that want to do an extracurricular clinical internship (NOT part of 1-year DP Master):

- To get "Basis Aantekening-Psychodiagnostiek (BAPD-NIP)", you need to do a NIP-approved Psychology Master (which the Developmental Master is) **and** a clinical internship under guidance of a certified clinician.
- You need the BAPD to be able to enroll in the post-master clinical education programmes in the Netherlands (GZ-opleiding), and to become a NIP member.
- Note that also in Germany (Landesprüfungsamt Nordrhein-Westfalen) our students have been approved to enroll in their post-master clinical educational programme (do research internship on an applied developmental topic)





## Two choices for clinical internship (in NL/Dutch): (NOT part of the 1-year developmental master!)

• Do it extra-curricular (*after* finishing the Developmental Master) as a contract-student (costs 75% of normal master fee).

 Do a second Dutch clinical/mental health Master (f.e. Kinder en Jeugd-Psychologie or Volwassenen-Psychologie) at FPN faculty for reduced costs after the Psychology (developmental) master. Advantages: extra Masters degree, long clinical internship and 1 day a week extra education.



## **Career-perspectives**



- Psychologist (diagnostics and/or treatment)
  - at schools (psychological/educational assistant)
  - in mental health care institutions (in Netherlands)
  - government agencies (counsel for child protection, clinical institutions, etc.)
  - revalidation clinics
  - (neuro)psychologist in hospitals

#### Lecturer

- at vocational level (e.g applied university or "hogeschool")
- at university

#### Researcher

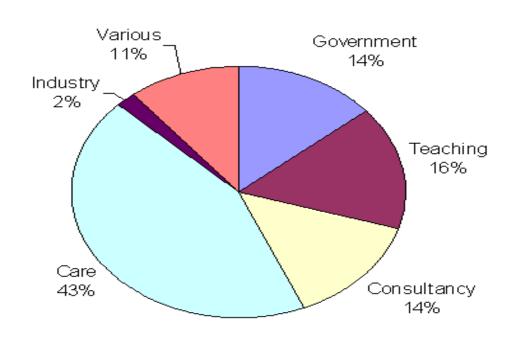
- at university
- in industry or consultancy
- other research institutions (in Netherlands e.g. TNO)



## **Career perspectives**



Enkele gegevens over hoe het de afgestudeerden op de arbeidsmarkt is vergaan:



Bruto maandloon	€ 2667.96
Tijd voordat men een baan vond	2,73 maanden
% Werkend	87.05 %
% Studerend	6.64 %
% Vaste baan	24.74 %
% Voltijd baan	75.1 %
% Baan op niveau	72.21 %
% Tevreden over aansluiting	41.1 %
% Tevreden over studiekeuze	84.18 %

Link of Dutch site to read more about possible jobs in NL as psychologist and job prospects, salary range etc.:

https://www.nationaleberoepengids.nl/studierichting-psychologie?page=2&q=





## **Admission Requirements**

Bachelor's degree		Remarks
Dutch University Bachelor Psychology	Admissible	
Non-Dutch University Bachelor Psychology	Check by Board of Admissions	
All other University Bachelors*	Check by Board of Admissions	
University of Applied Science (HBO)	Not admissible	The Faculty does not offer any pre- master programmes

- \* Additional requirements
- Courses in Statistics (min. 18 ECTS);
- Knowledge of Psychology (min. 4 courses);
- The Bachelor's degree must be substantially relevant to the Master's specialisation of your choice;
- You are requested to write a one-page motivation letter which specifies why you want to follow the master's programme of Psychology and the specialisation of your choice.

For more information visit the stand 'Application & Admission' at the information market





Hi! My name is Anna and I'm from England. I study Developmental Psychology here in Maastricht.

Follow me on Instagram and find out more about my study experiences and life in Maastricht.

**O** extramile\_anna





# Thank you for your attention!

## Questions?







### Go the extra mile

### Help us improve by filling in a short survey





Win a Maastricht University Hooded Sweater!