How can we support you?

Confidential Advisor

Talking about undesirable behaviour

Study Advisors

Planning and reflecting on academic and personal development

UM Student Deans

Your legal position as a student or study related financial matters

External Sources: GP, @ease or the InnBetween

Sexual Violence Support and Advice

Study

For personal development and improving your mental health

UM Psychologists

Questions about your mental, physical or spiritual wellbeing

Mental health

External Sources: GP, @ease or the InnBetween

get support at UM or externally after you or someone close to you experienced sexual harassment or violence

START

In case of an emergency, call the emergency helpline: 112
Suicide prevention: www.113.nl or 0800-0113
Note to international students: Please make sure you are registered at a GP office and check if you have health insurance. To see if you need medical assistance make sure to first check out moetiknaardedokter.nl/en