

**English**

Language

**Full Time**
Part Time
Format**September**

Start date

**Maastricht**

Location

Master Human Movement Sciences

Discover the science behind movement, health, and performance. In this master's, you'll explore how exercise and nutrition impact the body—from patients to athletes. Choose between two specialisations: Health & Rehabilitation or Sports & Nutrition.

[Get in touch with us](#)

Admission requirements

On this page, you will find important details of the application process (such as deadlines, admission requirements, required documents and application assessment) for the master's programme in Human Movement Sciences for the *academic year 2026-2027*.

Questions about admission? Contact us via masteradmission-fhml@maastrichtuniversity.nl.

Application deadlines

This master's programme starts in September.

The deadlines below are applicable for applicants who want to start their studies in September 2026.

Note: If you are viewing this webpage on your phone, we recommend using landscape mode.

Date	What you need to know about this date
As soon as possible after 1 October 2025	Apply via Studielink* (open for applications for the academic year 2026-2027 from 1 October)
1 February 2026, 23:59 CET	Application deadline for applicants with a non-EU/EEA nationality who want to be considered for the UM NL-High Potential Scholarship .
1 May 2026, 23:59 CET	Deadline for completing the entire application process if you have a non-EU/EEA nationality (in most cases, you will need a visa and/or residence permit)
1 June 2026, 23:59 CET	Deadline for completing the entire application process if you have an EU/EEA or Swiss nationality
1 August 2026	Strongly recommended deadline for paying the tuition fee
31 August 2026, 23:59 CET	Deadline for completing all tasks in the MyApplication portal** If you need a visa or residence permit , you must complete most tasks by an earlier date.

**Studielink is the national registration system for higher education,*

***The MyApplication portal is Maastricht University's application and enrolment platform.*

Please note: All required documents must have been uploaded before the application deadline that applies to you. If you apply for a UM scholarship, the [scholarship application deadline](#) applies.

Visa/residence permit for study

Are you a non-EU/EEA national requiring a visa/residence permit for study? Click here for — more information

Please note that Maastricht University can **only** formally apply for your [visa/residence permit](#) if you have met all admission and enrolment requirements.

This means you have to have completed all admission and enrolment tasks in the MyApplication portal (except the 'visa/residence permit'-task and the 'send certified copy of diploma'-task) before we can send your application to the IND (Dutch Immigration and Naturalization Service).

We have to send the application to the IND before 1 July if you are starting your studies in September. Please note: a few pre-master and master programmes offer a start in February. If your study programme offers a start in February and you want to start your studies in February, we have to send the application to the IND before 1 December. You can find out if your study programme offers a start in February on the admission requirements web page of that programme ([pre-master's](#), [master's](#)).

Therefore, we **strongly recommend** that you reconsider applying for this study programme if you are not sure that you will meet the following requirements before 1 July/1 December (if applicable in your situation):

- ⦿ Having remedied all subject and/or language deficiencies (if applicable)
 - ⦿ Having qualified for admission to your study programme, including being selected ([if applicable to your study programme](#)) AND
 - ⦿ Having paid the tuition fee for your study programme
-

Admission requirements

The admission requirements for academic year 2026-2027 for this master's programme in Human Movement Sciences depend on your previous education. Please check below which requirements apply to you.

Do you have a university or a university of applied sciences degree in a domain that is relevant to the field of human movement sciences? In case your domain is not mentioned below, the UM Board of Admissions can assess whether your domain is considered relevant once you have completed your application via Studielink.

Relevant degree

Relevant university degrees are among others: Biology; Biomedical Sciences; Biochemistry; Biomedical Technology; Clinical Technology; Health Sciences (biology and health); Medicine; Movement Sciences; Nutrition and Health; Sports and Exercise Science; University College (depending on courses taken).

Relevant university of applied sciences degrees are among others: Applied Sciences (biological curriculum/molecular health); Biometry; Cesar Therapy; Dietetics; Medical Imaging and Radiation Therapy (MBRT); Mensendieck Physiotherapy; Occupational Therapy; Physiotherapy; Podotherapy); Sport and Movement; Sport and Movement Education / Sports & Wellness; Sport, Health & Management.

Which situation applies to you?

For more information, please click on the question below that applies to you:

Do you have a relevant bachelor's degree from Maastricht University or another Dutch university obtained before 1 September 2026? —

You qualify for admission.

Please upload the following documents in the MyApplication portal*:

🕒 A recent passport picture

The passport picture must satisfy certain requirements. You can find these requirements in the task description 'Upload

portrait picture' in the MyApplication portal.

⦿ **A copy of your passport or your EU/EEA identity card**

Make a copy of the page with your personal details. Save this document as 'passport copy' and not as 'passport picture'.

⦿ **A copy of your most recent certified grades transcript**

AND/OR a copy of your diploma

If you have not graduated yet, you can upload your official grades transcript from your bachelor's programme.

⦿ **Your curriculum vitae**

Please list your education, relevant extracurricular activities and internship/professional experience.

⦿ **Document(s) that demonstrate your proficiency in English**

[Check the language requirements](#) to find out if you need to provide additional documentation. The outcome of your answers will indicate which document(s) you can use to prove your proficiency.

⦿ **Master's preference form** in case you apply for more than one master's programme

The document 'FHML master's preference form' that needs to be filled in (only if you are applying for more than one master's programme) will be offered to you in the MyApplication portal under the task 'Indicate master's preference'.

⦿ **Permission for document verification form**

If your diploma is not verified by DUO (Dienst Uitvoering Onderwijs, the Dutch government agency responsible for education-related matters), you will need to upload the form 'Permission for document verification' in the MyApplication portal. This form allows Maastricht University to verify your diploma, grades transcript or other required documents directly with the issuing institution or relevant qualification registry.

**Please note: For some UM bachelor's programmes, there is a transfer scheme to certain UM master's programmes. In those cases, UM students do not need to upload these documents.*

All required documents must have been uploaded before the

application deadline that applies to you. See the paragraph 'Application deadlines' on this page.

Do you have a relevant bachelor's degree from a university of applied sciences (HBO, Fachhochschule, Hogeschool, College, TEI or — another professional bachelor's) obtained before 1 September 2026?

The Board of Admissions assesses whether you qualify for admission and you have to demonstrate your academic skills. There are two options to do so:

☉ Option 1: prove your academic skills by completing the [‘Academic skills checklist’](#)

This checklist needs to be filled in the MyApplication portal. You can find the checklist in the portal under the task ‘Prove academic capabilities’.

The checklist is sufficient if you have completed a thesis *and* have obtained at least 12 (relevant) additional ECTS in statistics and methodology according to the Board of Admissions.

If you cannot demonstrate these academic skills, option 2 automatically applies.

☉ Option 2: take a GRE General test and upload a sufficient GRE General test score report in the MyApplication portal [See our webpage for more information about the GRE-test.](#)

Please upload the following documents in the MyApplication portal:

☉ A recent passport picture

The passport picture must satisfy certain requirements. You can find these requirements in the task description ‘Upload portrait picture’ in the MyApplication portal.

☉ A copy of your passport or your EU/EEA identity card

Make a copy of the page with your personal details. Save this document as ‘passport copy’ and not as ‘passport picture’.

☉ A copy of your most recent certified grades transcript AND/OR a copy of your diploma

If you have not graduated yet, you can upload your official grades transcript from your bachelor's programme. Add a translation if the original transcript is not in English or Dutch.

⦿ **The Academic skills checklist or a sufficient GRE General score report**

Read the instructions on the checklist carefully. Only fully completed checklists will be considered.

⦿ **Your curriculum vitae in English or Dutch**

Please list your education, relevant extracurricular activities and internship/professional experience.

⦿ **Document(s) that demonstrate your proficiency in English**

[Check the language requirements](#) to find out if you need to provide additional documentation. The outcome of your answers will indicate which document(s) you can use to prove your proficiency.

⦿ **Master's preference form in case you apply for more than one master's programme**

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All required documents must have been uploaded before the application deadline that applies to you. See the paragraph 'Application deadlines' on this page.

Do you have a relevant bachelor's degree from an EEA* university obtained before 1 September 2026? —

The Board of Admissions assesses whether you qualify for admission. They may ask you to upload additional documents e.g. a [checklist academic skills](#) or a sufficient [GRE General test score report](#).

Please upload the following documents in the MyApplication portal:

- ⦿ **A recent passport picture**

The passport picture must satisfy certain requirements. You can find these requirements in the task description 'Upload portrait picture' in the MyApplication portal.

- ⦿ **A copy of your passport or your EU/EEA identity card**

Make a copy of the page with your personal details. Save this document as 'passport copy' and not as 'passport picture'.

- ⦿ **A copy of your most recent certified grades transcript AND/OR a copy of your diploma**

If you have not graduated yet, you can upload your official grades transcript from your bachelor's programme. Add a translation if the original transcript is not in English.

- ⦿ **Your curriculum vitae in English**

Please list your education, relevant extracurricular activities and internship/professional experience.

- ⦿ **Document(s) that demonstrate your proficiency in English**

[Check the language requirements](#) to find out if you need to provide additional documentation. The outcome of your answers will indicate which document(s) you can use to prove your proficiency.

- ⦿ **Master's preference form in case you apply for more than one master's programme**

The document 'FHML master's preference form' that needs to be filled in (only if you are applying for more than one master's programme) will be offered to you in the MyApplication portal under the task 'Indicate master's

preference’.

🕒 **Permission for document verification form**

If your diploma is not verified by DUO (Dienst Uitvoering Onderwijs, the Dutch government agency responsible for education-related matters), you will need to upload the form ‘Permission for document verification’ in the MyApplication portal. This form allows Maastricht University to verify your diploma, grades transcript or other required documents directly with the issuing institution or relevant qualification registry.

All required documents must have been uploaded **before** the application deadline that applies to you. See the paragraph ‘Application deadlines’ on this page.

** Austria, Belgium, Bulgaria, Croatia, Republic of Cyprus, Czech Republic, Denmark, Estonia, Finland, France, Germany, Greece, Hungary, Iceland, Ireland, Italy, Latvia, Liechtenstein, Lithuania, Luxembourg, Malta, Netherlands, Norway, Poland, Portugal, Romania, Slovakia, Slovenia, Spain, Sweden. This arrangement also includes Switzerland and the UK.*

Do you have a relevant bachelor’s degree from a non-EEA* university obtained before 1 September 2026? —

The Board of Admissions assesses whether you qualify for admission.

Please upload the following documents in the MyApplication portal:

🕒 **A recent passport picture**

The passport picture must satisfy certain requirements. You can find these requirements in the task description ‘Upload portrait picture’ in the MyApplication portal.

🕒 **A copy of your passport or your EU/EEA identity card**

Make a copy of the page with your personal details. Save this document as ‘passport copy’ and not as ‘passport picture’.

- ⦿ **A copy of your most recent certified grades transcript AND/OR a copy of your diploma**
If you have not graduated yet, you can upload your official grades transcript from your bachelor's programme. Add a translation if the original transcript is not in English.
- ⦿ **Your curriculum vitae in English**
Please list your education, relevant extracurricular activities and internship/professional experience.
- ⦿ **Document(s) that demonstrate your proficiency in English**
[Check the language requirements](#) to find out if you need to provide additional documentation. The outcome of your answers will indicate which document(s) you can use to prove your proficiency.
- ⦿ **A GRE General test score report with sufficient scores**
[See our webpage for more information about the GRE General test.](#)
- ⦿ **Master's preference form in case you apply for more than one master's programme**
The document 'FHML master's preference form' that needs to be filled in (only if you are applying for more than one master's programme) will be offered to you in the MyApplication portal under the task 'Indicate master's preference'.
- ⦿ **Permission for document verification form**
If your diploma is not verified by DUO (Dienst Uitvoering Onderwijs, the Dutch government agency responsible for education-related matters), you will need to upload the form 'Permission for document verification' in the MyApplication portal. This form allows Maastricht University to verify your diploma, grades transcript or other required documents directly with the issuing institution or relevant qualification registry.

All required documents must have been uploaded **before** the application deadline that applies to you. See the paragraph 'Application deadlines' on this page.

If you apply for a **UM scholarship**, your application must be complete before the scholarship deadline. Check the deadlines on the [scholarships website](#).

You are only eligible for a scholarship if you have been offered a place in the study programme. Conditional admission is only possible if you have a relevant previous education and have uploaded all required documents (including a sufficient GRE General test score report, if this requirement applies to you).

A **handling fee** is required for applicants with a degree from a non-EEA country. For more information [check our website](#).

** all countries except Austria, Belgium, Bulgaria, Croatia, Republic of Cyprus, Czech Republic, Denmark, Estonia, Finland, France, Germany, Greece, Hungary, Iceland, Ireland, Italy, Latvia, Liechtenstein, Lithuania, Luxembourg, Malta, Netherlands, Norway, Poland, Portugal, Romania, Slovakia, Slovenia, Spain and Sweden. This arrangement also includes Switzerland and the UK.*

Do you have a relevant master's degree from an EEA or a non-EEA* university obtained before 1 September 2026? —

The Board of Admissions assesses whether you qualify for admission.

Please upload the following documents in the MyApplication portal:

🕒 A recent passport picture

The passport picture must satisfy certain requirements. You can find these requirements in the task description 'Upload portrait picture' in the MyApplication portal.

🕒 A copy of your passport or your EU/EEA identity card

Make a copy of the page with your personal details. Save this document as 'passport copy' and not as 'passport picture'.

🕒 A copy of your most recent certified grades transcript AND/OR a copy of your diploma

If you have not graduated yet, you can upload your official grades transcript from your bachelor's programme and master's programme. Add a translation if the original

transcript is not in English.

⦿ **Your curriculum vitae in English**

Please list your education, relevant extracurricular activities and internship/professional experience.

⦿ **Document(s) that demonstrate your proficiency in English**

[Check the language requirements](#) to find out if you need to provide additional documentation. The outcome of your answers will indicate which document(s) you can use to prove your proficiency.

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All required documents must have been uploaded **before** the application deadline that applies to you. See the paragraph 'Application deadlines' on this page.

If you apply for a UM scholarship, your application must be complete before the scholarship deadline. Check the deadlines on the scholarships website.

You are only eligible for a scholarship if you have been offered a place in the study programme. This is possible if you have a relevant previous education and have uploaded all required documents (including a sufficient GRE General test score report, if this requirement applies to you).

A **handling fee** is required for applicants with a degree from a non-EEA country. For more information [check our website](#).

** all countries except Austria, Belgium, Bulgaria, Croatia, Republic of Cyprus, Czech Republic, Denmark, Estonia, Finland, France, Germany, Greece, Hungary, Iceland, Ireland, Italy, Latvia, Liechtenstein, Lithuania, Luxembourg, Malta, Netherlands, Norway, Poland, Portugal, Romania, Slovakia, Slovenia, Spain and Sweden. This arrangement also includes Switzerland and the UK.*

How do we assess your application?

When you want to apply or are applying for this study programme, it is useful to know how we assess your application. You can find more information about this in this section.

The Board of Admissions (BoA) checks whether your educational background fits with the requirements for the master's programme you applied for. The BoA only assesses complete applications received within the deadline. After receiving your application (and handling fee, if applicable), we will apply the following checks:

- ⦿ Is the previous education relevant for the master's programme? In case of doubt about the relevance of your previous education, your application will be discussed with the coordinator of the master's programme.
- ⦿ If applicable, are the academic requirements fulfilled (e.g. sufficient academic skills, GRE required)? If the GRE requirement applies to you, a sufficient GRE score report needs to be uploaded before the application deadline as well.
- ⦿ Is there proof of sufficient command of English? If an English language test is required, a sufficient score report needs to be uploaded before the enrolment deadline (31 August).

If the BoA needs additional information to properly assess your application, we will ask you to upload additional documents.

The assessment by the BoA results in either the decision that you qualify for admission to the master's, or in a rejection. You

will be informed about this within six weeks.

Please note: If you apply for a UM scholarship as well, your application has to be complete at the time of the scholarship deadline. Check the [scholarship website](#) for exact deadlines and the scholarship application procedure.



UM visiting address

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Bluesky Why this
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Instagram Courses &
LinkedIn curriculum
TikTok Specialisations
YouTube Your future

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