The programme information in this document is based on the selection criteria that you entered in the online prospectus (www.maastrichtuniversity.nl/web/Faculties/FHML/TargetGroup/ProspectiveStudents/MastersProgrammes/Programmes).

Should it not contain the information that you were looking for, we recommend that you try again using different selection criteria.

Please bear in mind that the programme information is continuously updated. It is therefore wise to check the online prospectus regularly.

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In the event of doubt or uncertainty about specific information, please contact the Fac. Health, Medicine and Life Sciences
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Clinical Placement

Academic year 2015-16

**Date last modified**
9-3-2016 1:10

**Period**
Year  Startdate: 01-Sep-15  Enddate: 31-Aug-16

**Code**
MHS4504

**ECTS credits**
18.0

**Organisational unit**
Fac. Health, Medicine and Life Sciences

**Coordinator**
A. Grauvogl

**Description**
The clinical internship is part of a Dutch master.

**Goals**
Vaardigheden die worden opgedaan liggen op het gebied van:- Professionaliteit, attitude en werkhouing- Kennis en vaardigheden mbt de werkomgeving- Kennis en vaardigheden mbt de hulpverlening- Diagnostische vaardigheden- Behandeltechnische vaardigheden- Communicatieve vaardigheden algemeen- Gesprekvaardigheden- Therapeutische vaardigheden

**Instruction language**
NL

**Prerequisites**

**Recommended literature**

**Teaching methods**
Work in subgroups
Paper(s)
Training(s)

**Assessment methods**
Participation
Portfolio
Key words
Klinische stage, volwassen- en kind & jeugdzorg, intake, diagnostiek, behandeling/begeleiding,
Internship and Thesis

Academic year 2015-16

Date last modified
1-5-2015 1:22

Period
Year  Startdate: 01-Sep-15  Enddate: 31-Aug-16

Code
MHS4508

ECTS credits
24.0

Organisational unit
Fac. Health, Medicine and Life Sciences

Coordinator
P. Dibbets

Description

Goals

Instruction language

Prerequisites

Recommended literature

Teaching methods

Assessment methods

Key words
Internalising Disorders

Academic year 2015-16

Date last modified
31-3-2016 1:14

Period
Period 1  Startdate: 01-Sep-15  Enddate: 23-Oct-15

Code
MHS4514

ECTS credits
6.0

Organisational unit
Fac. Health, Medicine and Life Sciences

Coordinator
J. Roelofs

Description
This course focuses on internalising disorders. There is special attention for theory, diagnostics, treatments, and research in the field of anxiety, depression, eating disorders, somatoform disorders, attachment, and personality disorders. In addition to the course, a skills training is provided aimed at developing the necessary skills to work from a cognitive behavioral perspective with children, adolescents, and their parents.

Goals
Knowledge of theory, diagnostics, treatment, and research in the field of various internalising disorders.

Instruction language
NL

Prerequisites

Recommended literature

Teaching methods
Work in subgroups
Lecture(s)
Paper(s)
Training(s)
**Assessment methods**

Assignment  
Attendance  
Written exam

**Key words**

Internalising disorders, anxiety, depression, eating disorders, somatoform disorders, attachment, personality disorders, cognitive, therapy, behavioral therapy, mediation therapy.
Child and Adolescent Therapy

Academic year 2015-16

Date last modified
31-3-2016 1:14

Period
Period 1  Startdate: 01-Sep-15  Enddate: 23-Oct-15

Code
MHS4516

ECTS credits
0.0

Organisational unit
Fac. Health, Medicine and Life Sciences

Coordinator
J. Roelofs

Description
The training is focused on the development of therapeutic skills for internalising disorders (anxiety, depression, sexual violence, attachment and personality disorders) from the cognitive-behavioral therapy perspective.

Goals
The aim of the training is to develop skills for the treatment of internalising problems from the perspective of cognitive-behavioral therapy. In addition, a second aim is to reflect on the personal learning goals.

Instruction language
NL

Prerequisites

Recommended literature
Er wordt gebruik gemaakt van een reader met diverse artikels over de onderwerpen die in de training aan bod komen.

Teaching methods
Work in subgroups
Training(s)

Assessment methods
Written exam
**Key words**
Cognitive therapy, behavioral therapy, anxiety, depression, sexual, violence, attachment, personality disorders, mediation therapy.
Developmental Disorders

Academic year 2015-16

Date last modified
1-5-2015 1:22

Period

Code
MHS4517

ECTS credits
6.0

Organisational unit
Fac. Health, Medicine and Life Sciences

Coordinator
N. Sarneel

Description

Goals

Instruction language
NL

Prerequisites

Recommended literature

Teaching methods

Assessment methods

Key words
Psychodiagnosics

Academic year 2015-16

Date last modified
1-5-2015 1:22

Period

Code
MHS4518

ECTS credits
0.0

Organisational unit
Fac. Health, Medicine and Life Sciences

Coordinator
C.M.G. Meesters

Description

Goals

Instruction language
NL

Prerequisites

Recommended literature

Teaching methods

Assessment methods

Key words
Externalising Disorders

Academic year 2015-16

Date last modified
9-3-2016 1:10

Period
Period 3  Startdate: 04-Jan-16  Enddate: 04-Mar-16

Code
MHS4519

ECTS credits
6.0

Organisational unit
Fac. Health, Medicine and Life Sciences

Coordinator
N. Sarneel

Description
Dit blok richt zich op externaliserende problematiek bij kinderen en jongeren. Met de term externaliserend wordt
gedaamd op stoornissen die naar buiten gericht worden zoals de oppositionele gedragsstoornis. Het doel van dit blok is om
studenten kennis te laten nemen van de meest voorkomende externaliserende stoornissen. Aan de hand van (complex) casuïstiek uit de praktijk worden theoretische modellen bestudeerd en toegepast en dienen studenten kennis te nemen van diagnostiek en evidence-based behandelmoelijkheden. Naast de externaliserende stoornissen wordt er binnen dit
blok aandacht besteed aan complexe problematiek waarbij sprake is van zowel internaliserende problemen,
externaliserende problemen en ontwikkelingsproblemen. Bovendien zullen ook, aan de kinder- en jeugdpsychopathologie verwante thema’s, behandeld worden in dit blok. Zo zal er een koppeling gemaakt worden tussen de stoornissen, de
ontwikkelingsproblemen en onderwerpen zoals trauma, misbruik, mishandeling, verwaarlozing, pleegzorg en dergelijke.
Daarnaast volgen studenten een training in de systeemtherapie met specifieke aandacht voor het begeleiden van
gezinnen binnen de systeemtherapie. In deze training staan vaardigheden centraal in het directe contact met gezinnen in
de hulpverleningssetting. De training is gebaseerd op een aantal uiteenlopende perspectieven in de systeemtherapie. Het
betreft een eerste kennismaking met zowel de theoretische aspecten als de technische vaardigheden van
systeemtherapie. De insteek is dat de training theoretisch wordt onderbouwd met literatuur maar vooral praktisch wordt
ingevoerd door het aanleren van basisvaardigheden in de klinische gespreksvoering met systemen.

Goals
Knowledge and understanding Het doel van dit blok is studenten kennis en inzicht bij te brengen op het gebied van
externaliserende stoornissen. •Epidemiologie, diagnostiek en klinisch beeld van de meest voorkomende externaliserende
stoornissen •Comorbiditeit en differentiaaldiagnostiek •Theorieën en modellen over het ontstaan, de instandhouding en
de verergering van externaliserende stoornissen •Kennis van de theoretische modellen van behandelingen •

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Behandelingsmogelijkheden (evidence-based) • Sociale en culturele aspecten m.b.t. externaliserende stoornissen • Aan de kinder- en jeugdpsychiatrie verwante thema’s. Applied knowledge and insight • Et begeleiden/behandelen van kinderen en jeugdigen met externaliserende problematiek • Het selecteren van de juiste behandelingsovereenkomsten met in acht neming van de mogelijkheden en de beperkingen binnen de verschillende behandelingsettingen (ambulant, semiresidentieel, residentieel, justitieel) • Het bekend zijn met en toepassen van (basale technieken) binnen de Systeemtherapie. Making judgments • Het kritisch beoordelen van theorieën en modellen op het gebied van externaliserende stoornissen • Het kritisch beoordelen van literatuur en onderzoeksdata • Het integreren van het biopsychosociale model in de kinder- en jeugdpsychopathologie Communication Skills • Invoegen met kinderen en jeugdigen en hun ouders met specifieke aandacht voor het invoegen/communiceren binnen een systeemtheoretische kader.

**Instruction language**

NL

**Prerequisites**

**Recommended literature**


**Teaching methods**

Assignment(s)
Work in subgroups
Lecture(s)
Paper(s)
PBL
Training(s)

**Assessment methods**

Assignment
Attendance
Written exam

**Key words**

* externaliserende problematiek bij kinderen en jongeren * oppositionele, gedragsstoornis (ODD), gedragsstoornis (CD) * diagnostiek en evidence-, based behandelmoogelijkheden bij gedragsstoornissen * complexe, problematiek (combi van internaliserende, externaliserende en, ontwikkelingsproblemen) * capita selecta: trauma, misbruik, mishandeling, verwaarlozing, pleegzorg, etc. * systeemtherapie *, begeleiden van gezinnen binnen de systeemtherapie,
Family Therapy
Academic year 2015-16

Date last modified
1-5-2015 1:22

Period
Period 3  Startdate: 04-Jan-16  Enddate: 29-Jan-16

Code
MHS4520

ECTS credits
0.0

Organisational unit
Fac. Health, Medicine and Life Sciences

Coordinator
G. Drost

Description

Goals

Instruction language
NL

Prerequisites

Recommended literature

Teaching methods

Assessment methods

Key words
Personality Disorders

Academic year 2015-16

Date last modified
28-10-2015 1:27

Period
Period 1  Startdate: 01-Sep-15  Enddate: 23-Oct-15

Code
MHS4503

ECTS credits
6.0

Organisational unit
Fac. Health, Medicine and Life Sciences

Coordinator
J. Lobbestael

Description
This module deals with one of the biggest problems in mental health: personality disorders. Personality disorders are found in approximately 10% of the adult population and approximately 80% of the forensic psychiatric and prison population. Personality disorders are a group of mental disorders that cause long-term dysfunctional behavior. Personality disorders, which are described on DSM-IV Axis II, are ascribed more to the character of the person that is, longstanding, maladaptive personality traits -- than to symptoms. People with personality disorders often consider their personality traits to be normal. They may perceive some of the effects of the disorder as undesirable; however, the traits themselves are egosyntonic the person doesn’t perceive his/her thoughts, feelings and actions as odd, but rather as something that fits in his/her character. In many cases the people around the person suffer more from the personality disorder than the person in question. People suffering from these disorders are generally perceived as untreatable, and the term personality disorders is also abused to refer to very troublesome people. The Overview of tasks Week 1 Phenomenology and classification, and theories of Personality Disorders Week 2 Cluster-C: Avoidant and Dependent PDs Week 3 Cluster-C: Obsessive-compulsive PD Week 4 Cluster-B: Histrionic and Narcissistic PDs Week 5 Cluster-B: Borderline PD Week 6 Cluster-B: Antisocial PD and Psychopathy Week 7 Cluster-A: Paranoid, Schizoid, and Schizotypal PDs. Overview of lectures Week 1 Theoretical Models of Personality Disorders Week 2 Cluster C Personality Disorders Week 3 Borderline Personality Disorder Week 4 Interpersonal Assessment of Personality Disorders Week 5 Treatments for Personality Disorders: An Overview Week 6 Schema Focused Therapy for Personality Disorders Week 7 Psychopathy and Antisocial PD Week 8 Exam

Goals
For each case, students should ask the following questions: What is the clinical picture (phenomenology) of the disorder, according to the DSM-IV diagnostic criteria? How can the PD be distinguished from other PDs, and from Axis I disorders?
How might different etiological theories explain the nature and causes of the disorder? The major theories we will be considering are biological, cognitive-behavioral, and psychodynamic theories. For each disorder, how has the existing empirical evidence increased our understanding of the disorders, their mechanisms and their causes? Some of the PDs (i.e., schizotypal, borderline, and antisocial) have been studied much more extensively than others. What have we learned about each disorder from empirical research? What remains unclear? What appear to be some of the most promising treatment approaches for each disorder? What is the conceptual model on which the treatment is based? What are the main methods that each treatment uses to achieve therapeutic change? What is the existing evidence about whether these methods are effective? What are the counter-transference traps for each disorder? What is the role of gender and/or culture for the various disorders (this will apply more to some PDs than to others)? In addition to these general objectives, there are some special objectives for each case.

**Instruction language**
EN

**Prerequisites**

**Recommended literature**

**Teaching methods**
Lecture(s)
PBL
Training(s)

**Assessment methods**
Written exam

**Key words**
No key words,
Clinical Placement

Academic year 2015-16

Date last modified
9-3-2016 1:10

Period
Year Startdate: 01-Sep-15 Enddate: 31-Aug-16

Code
MHS4504

ECTS credits
18.0

Organisational unit
Fac. Health, Medicine and Life Sciences

Coordinator
A. Grauvogl

Description
The clinical internship is part of a Dutch master.

Goals
Vaardigheden die worden opgedaan liggen op het gebied van:- Professionaliteit, attitude en werkhouding- Kennis en vaardigheden mbt de werkomgeving- Kennis en vaardigheden mbt de hulpverlening- Diagnostische vaardigheden- Behandeltechnische vaardigheden- Communicatieve vaardigheden algemeen- Gespreksvaardigheden- Therapeutische vaardigheden

Instruction language
NL

Prerequisites

Recommended literature

Teaching methods
Work in subgroups
Paper(s)
Training(s)

Assessment methods
Participation
Portfolio
**Key words**
Klinische stage, volwassen- en kind & jeugdzorg, intake, diagnostiek, behandeling/begeleiding.
Internship and Thesis
Academic year 2015-16

Date last modified
1-5-2015 1:22

Period
Year  Startdate: 01-Sep-15  Enddate: 31-Aug-16

Code
MHS4508

ECTS credits
24.0

Organisational unit
Fac. Health, Medicine and Life Sciences

Coordinator
P. Dibbets

Description

Goals

Instruction language

Prerequisites

Recommended literature

Teaching methods

Assessment methods

Key words
SCID-II

Academic year 2015-16

Date last modified
1-5-2015 1:22

Period
Period 1 Startdate: 01-Sep-15 Enddate: 23-Oct-15

Code
MHS4523

ECTS credits
0.0

Organisational unit
Fac. Health, Medicine and Life Sciences

Coordinator
G. Drost

Description

Goals

Instruction language

Prerequisites

Recommended literature

Teaching methods

Assessment methods

Key words
Psychotic Disorders

Date last modified
15-3-2016 1:10

Period

Code
MHS4502

ECTS credits
6.0

Organisational unit
Fac. Health, Medicine and Life Sciences

Coordinator
M.J.V. Peters

Description
The course - Psychotic disorders - deals with disorders in processes involving perception and thinking, in particular with disorders in the realm of psychoses. We have chosen to use a broad-based approach from a variety of perspectives. In order to introduce a certain degree of structure, the leading principle will be the discussion between de categorical and the dimensional approach to schizophrenia. Theories, etiological models and therapeutic interventions are studied while using these two points of view. One ‘case history’ is the unifying element throughout the course. We follow ‘this case’ during several years of his life. The working-method of this course is ‘project-based’ working. A project group consists of 5 to 7 members. These members will be expected to work independently, without assistance from a tutor. The group works together on an overall project, that includes several assignments. Papers on these assignments and a written exam are the assessment of this course. The following topics will be discussed: Clinical picture and differential diagnosis of psychotic disorders; Trait-markers and state-markers of schizophrenia; Biological etiology and treatment methods; Neuropsychological etiology and treatment methods based on it; Individual psychological etiology and treatment methods; Social etiology and treatment/guidance methods based on it. In this course a training is given, dealing with treatment protocols in mental health. The training will be in Dutch and the Dutch title is: “Kortdurende Ambulante Interventies in de Geestelijke Gezondheidszorg”. These protocols are only partly linked to the central subject of the course, psychotic disorders, but most of the time linked to other psychopathological features. Each session consists of 1 hour lecture on the subject of the training and is followed by practicing in groups for 2 hours. A simulation contact with a patient is part of the assessment of the training.

Goals
This course has the following objectives: . Knowledge . Acquiring knowledge about psychotic disorders, in particular schizophrenia; Acquiring knowledge about various etiologic models of schizophrenia; Acquiring knowledge about various
treatment possibilities for schizophrenia on biological level, on psychological level and on social level. Insight . Acquiring insight into the strengths and limitations of the categorical and the dimensional approach to schizophrenia; Acquiring insight into the strengths and limitations of the various etiologic models of schizophrenia; Acquiring insight into the interdependence of the various etiologic models of schizophrenia. Applied knowledge and insight . Being able to formulate a well motivated diagnostic plan for psychotic disorders on the basis of the information presented; Being able to formulate a well motivated treatment plan for patients with psychotic disorders on the basis of the information presented. Communication skills . Learning to work independently within a project group; Acquiring (more) experience in writing group reports as well as individual reports in accordance with scientific guidelines. Learning skills . After completing the course, student will have a good basis for further training in the field of psychotic disorders.

**Instruction language**

NL

**Prerequisites**

**Recommended literature**


**Teaching methods**

Lecture(s)
Assignment(s)
Training(s)

**Assessment methods**

Assignment
Written exam

**Key words**

Psychosis; hallucinations; delusions; differential diagnosis;, schizophrenia; schizophrenic spectre; categorical approach versus, dimensional approach of schizophrenia; positive symptoms and negative, symptoms;trait-markers and state markers of schizophrenia; Neural, developmental hypothesis of schizophrenia; dopamine hypothesis of, schizophrenia; Glutamate; NMDA receptors; classical and a-typical, neuroleptics; crisismanagement in psychiatry; psychosis and (Dutch) law;; Information processing; attention; working memory; Cognitive therapy;; Rehabilitation; aberant salience syndrome.

Training: e-health; stepped, care; triage; assessment; indication for treatment; empirically, supported treatment for anxiety disorders; empirically supported, treatment for mood disorders; empirically supported treatment for, psychotic disorders; treatment rationales.,
Treatment Protocols

Academic year 2015-16

Date last modified
1-5-2015 1:22

Period

Code
MHS4522

ECTS credits
0.0

Organisational unit
Fac. Health, Medicine and Life Sciences

Coordinator
G. Drost

Description
Goals
Instruction language
Prerequisites
Recommended literature
Teaching methods
Assessment methods
Key words
Somatoform Disorders

Academic year 2015-16

Date last modified
2-3-2016 1:17

Period
Period 3  Startdate: 04-Jan-16  Enddate: 04-Mar-16

Code
MHS4509

ECTS credits
6.0

Organisational unit
Fac. Health, Medicine and Life Sciences

Coordinator
L.M.G. Vancleef

Description
This course focuses on somatoform disorders or somatic symptom disorders, which are characterized by the experience of physical symptoms for which no direct relation with an underlying medical or neurological condition can be demonstrated. Mind and body are closely interconnected. For somatoform disorders or somatic symptom disorders, it is assumed that psychological factors contribute to the onset, exacerbation and maintenance of problems that have a physical or somatic expression. Besides the discussion on the diagnostic criteria and symptomatology of somatoform disorders, this course deals with etiological models, explanatory theories and mechanisms, and treatment options. The main focus of this course will be on the psychological backgrounds of somatoform disorders. However, given the importance of societal and biological context, specific attention will also be devoted to the social and biological factors that help to explain somatoform disorders. Furthermore, students will get acquainted with recent evolutions in third wave CBT and positive psychology interventions, applied to somatic symptom and related disorders. The course consists of PBL group meetings, lectures and a workshop. Each session consists of 3 hours interactive learning and practicing. Some sessions will start with a plenary interactive lecture lead by internal and external lecturers. All trainers have to be present and join in in the lecture. The training will be based on and will refer to the lecture. The course somatoform disorders is complemented by a skills training on Family Therapy. In this training, students will learn about the theoretical background of Family Therapy and will get acquainted with the clinical skills of Family Therapy. The focus will be on acquiring knowledge about basic interventions used in Family Therapy sessions. Also we will pay attention to different paradigms in Family Therapy. Students will practice some basic communication skills and assessment skills with couples and families (role-play) in a therapeutic setting.

Goals
After completion of the course, students will be able to translate their knowledge on somatoform disorders to a broad
audience. They will be able to identify similarities between the different types of somatoform disorders, and to relate somatoform disorders to the biopsychosocial model. Students can communicate about somatoform disorders within a multidisciplinary context and are able to communicate with colleagues and with patients about somatoform disorders in an appropriate fashion. gained knowledge of and insight in: more specifically, they will have · The relation between somatoform disorders, psychosomatics and functional or unspecified complaints · The biopsychosocial model as a basic explanatory model for somatoform disorders · The diagnostic criteria (DSM-IV/DSM-V and other criteria) and symptomatology for different prevalent somatoform disorders and symptomatology. · The theories on development and course of somatoform disorders, in particular: o Psychological background, theories and factors. o Biological background, theories and factors. o Social background, theories and factors. · The interactions between psychological, biological and social influences in somatoform disorders. · The treatment options, o With specific emphasis on psychological treatment, of somatoform disorders. o With specific emphasis on third wave CBT and positive psychology techniques.

Instruction language

Prerequisites

Recommended literature

Course There is no one handbook for this course. The DSN5 will be studied with respect to diagnostic criteria. Furthermore, students are encouraged to look up information on specific topics of the course in several handbooks that are available in the library. Additional literature containing scientific research papers will be presented in the form of an E-reader and/or reference-list to cover all aspects that need to be studied throughout the course. Skills Training There is one handbook for the Skills Training: · Savenije, M.J. van Lawick, & E.T.M. Reijmers (Eds.) (2014). Handboek Systeemtherapie. Utrecht: De Tijdstroom. Additional literature containing scientific research papers will be presented in the form of an E-reader and/or reference-list to cover all aspects that need to be studied throughout the Skills Training.

Teaching methods

Lecture(s)
PBL

Assessment methods

Attendance
Written exam

Key words

Somatoform Disorders chronic pain chronic fatigue conversion disorder, hypochondriasis biopsychosocial model Family Therapy ....,
Family Therapy

Academic year 2015-16

Date last modified
1-5-2015 1:22

Period
Period 3  Startdate: 04-Jan-16  Enddate: 29-Jan-16

Code
MHS4520

ECTS credits
0.0

Organisational unit
Fac. Health, Medicine and Life Sciences

Coordinator
G. Drost

Description

Goals

Instruction language
NL

Prerequisites

Recommended literature

Teaching methods

Assessment methods

Key words