How can we support you?

Make a choice...

Is it about... (student)life or working in Maastricht?

More in detail...

Is it about... (mental) health or wellbeing?

Do you have a question about your study?

About personal development?

About professional development?

In case of an emergency, call the emergency helpline: 112
Suicide prevention: www.113.nl or 0800-0113
Note to international students: Please make sure you are registered at a GP office and check if you have an adequate health insurance.